

# Modern Magnificat

My soul sings in gratitude.  
I'm dancing in the mystery of God.  
The light of the Holy One is within me  
and I am blessed, so truly blessed.

This goes deeper than human thinking.  
I am filled with awe  
at Love whose only condition  
is to be received.

The gift is not for the proud,  
for they have no room for it.  
The strong and self-sufficient ones  
don't have this awareness.

But those who know their emptiness  
can rejoice in Love's fullness.  
It's the Love that we are made for,  
the reason for our being.  
It fills our inmost heart space  
and brings to birth in us, the Holy One.

– JOY COWLEY